# TRAUMA INFORMED COUNSELING CERTIFICATE

#### **Program Overview**

This certificate program provides students advanced training in topics and issues such as working with clients who have experienced loss, crises, disasters, and trauma-causing events, prevention, intervention, and postvention techniques, trauma-informed practice models, such as the Sanctuary Model, and trauma-informed advocacy efforts.

Students currently enrolled in the M.A. in Clinical Mental Health Counseling or M.A. in Counseling Services programs may earn this certificate while completing their M.A. degree. For those who already have a M.A. degree in Counseling, enrollment is limited.

#### **Certificate Offered**

· Certificate in Trauma Informed Counseling

#### **Contact**

Terry Pertuit, Ph.D.

Associate Professor and Director, School Counseling Bierenbaum Fisher Hall 609-895-5449 tpertuit@rider.edu

**Program Website:** Trauma Informed Counseling (https://www.rider.edu/academics/colleges-schools/college-education-human-services/graduate/clinical-mental-health-counseling/)

Associated Department: Department of Graduate Education, Leadership, and Counseling (https://www.rider.edu/academics/colleges-schools/college-liberal-arts-education-sciences/school-of-education/graduate-programs/leadership-programs/graduate-programs-school-leaders/)

#### **Related Programs**

Title

- Counseling Services (School Counseling Specialty) (M.A.) (http://catalog.rider.edu/graduate/colleges-schools/education/programs-certificates/counseling-services-ma/)
- Clinical Mental Health Counseling (M.A.) (http://catalog.rider.edu/ graduate/colleges-schools/education/programs-certificates/clinicalmental-health-counseling/)

## **Program Requirements for Certificate in Trauma Informed Counseling**

**Credits** 

6 credits

Code

Complete the following courses:		
COUN 512	Disaster Response, Trauma, Crisis, and Grief Counseling	3
COUN 521	Cultivation and Implementation of Trauma- Informed Counseling in Community & Educational Settings	3
Total Credits		6

Notes:

- 1. A Master's Degree in Counseling is required to earn this certificate
- Students currently enrolled in the M.A. in Clinical Mental Health Counseling or M.A. in Counseling Services programs may earn this certificate while completing their M.A. degree.

### COUN 512 Disaster Response, Trauma, Crisis, and Grief Counseling 3 Credits

This course is an introduction to the research and practice of disaster response, trauma, crisis, and grief and loss counseling in clinical and educational settings. Course will include an overview of the impact of disasters, crisis, and trauma-causing events on individuals, communities, and educational settings and of the impact of working with traumatized clients on practitioners. Emphasis will be placed on prevention, intervention, and postvention practices in working effectively with individuals, families, and groups of people in the midst of traumatic situations and who have experienced loss, crisis, disasters and traumacausing events.

Prerequisite(s): COUN 550 (with a minimum grade of B), CNPY 502 (with a minimum grade of C+).

## COUN 521 Cultivation and Implementation of Trauma-Informed Counseling in Community & Educational Settings 3 Credits

This course takes the knowledge of trauma-informed practice in the counseling profession to the cultivation and implementation of traumainformed practices in various counseling settings. The course will provide an introduction and more in depth understanding of various traumainformed models such as the Sanctuary Model, and how to work with various systems to implement trauma-informed practices. Specifically, leadership will be a major component of the course, as discussion and assignments will focus on how to implement and educate others in agencies or educational settings on how to adapt a trauma-informed culture in the setting. Specific steps to implement trauma-informed practices and trauma-informed advocacy will be covered throughout the course. Furthermore, there will be an emphasis on how to collaborate with the community, teachers, administrators, and staff to promote trauma-informed practice, trauma-informed treatment, enhancing resiliency, and how to lead the implementation of trauma-informed care in schools and community settings with concrete steps.

**Prerequisite**(s): COUN 550 (with a minimum grade of B), CNPY 502 (with a minimum grade of C+).