COUNSELING (COUN)

COUN 501 Coaching Principles and Practices 3 Credits
The course covers core coaching competencies, including coaching screening and orientation, fundamental skills, assessment, approaches for organizations, and coaching ethics. The course meets all 30-hour educational requirements for certification as a Board Certified Coach (BCC) through the Center for Credentialing and Education and is required course for the 60-hour BCC educational requirements.

COUN 503 Group Counseling 3 Credits
Analyzes the historical development of group treatment methods, theories, practices, methods for appraising outcomes of treatment, and research findings. Includes critique of recordings, demonstrations, and students’ own group experiences as counseling group members.
Prerequisite(s): COUN 500, CNPY 502.

COUN 505 Vocational/Career Development 3 Credits
Includes organizational change and vocational development theories, research, and literature in the field to inform practice with clients with vocational/career concern. The problems and techniques of using occupational and career information, assessment tools, educational and vocational goal setting, conflict management strategies, and individual and group processes are stressed. Includes concepts of career/life planning and counseling and coaching techniques, lifespan transitions, and the interrelationships among work, family, and other life roles.

COUN 508 Foundations of Clinical Mental Health Counseling 3 Credits
This course will provide the foundation of community counseling including roles, policies, history, diversity, systems, programs, interventions, fiscal issues, community resources, consultation, advocacy, and assessment that are unique to community counselors. Projects include searching for government and foundation funding, writing a grant proposal, developing a resource directory, visiting and writing reports evaluating community agencies. This course also meets Council for Accreditation of Counseling and Related Educational Programs (CACREP) standards for Community Counseling Programs.

COUN 510 Approaches to Family Counseling 3 Credits
Presents a basic understanding of major approaches of family counseling. Family counseling approaches covered include structural, systems, Ackerman, Satir, and analytical. These approaches are presented as related to major problem centered family concerns—child-rearing concerns, alcohol, drugs, child abuse, dysfunctional marriage, divorce, etc. Emphasizes self-awareness as related to family development.
Prerequisite(s): COUN 500, CNPY 502, or permission of instructor or advisor.

COUN 515 Substance Abuse Counseling 3 Credits
Analyzes the development, intervention, and treatment of drug abuse and alcoholism. Designed to assist counselors in identifying drug abuse and alcoholism, examining the specialized approaches of counseling with these clients and reviewing the related elements; i.e., family participation, physical problems, effects on school or job, etc.

COUN 516 Strategies in Addiction Counseling 3 Credits
Analyzes the development, intervention and treatment of co-dependents. Designed to focus on the characteristics of co-dependency and how they were initiated in alcoholic families as well as other dysfunctional families. Symptoms will be discussed in terms of problems with intimacy, trust, eating disorders, assertiveness, love relationships and the differences among co-dependents. Specialized approaches to treating these areas will be discussed. (Classes will involve lecture, discussion and students will learn and experience group exercises for co-dependency treatment.)
Prerequisite(s): COUN 515 or permission of instructor.

COUN 520 Multicultural Counseling and Relationship Development 3 Credits
Introduces, examines, and critically analyzes and reflects upon major origins and dimensions of human similarities and differences. Explores and personalizes the social-psychological and behavioral implications of these similarities and differences. Examines issues of racism, reverse racism, age and handicapped discrimination, sexism, sexual orientation, etc., in the light of theories of individual and group identity development and the impact of these on, between and within group relationships. Each student is expected to utilize this knowledge for the development of healthy multicultural skills. A semester-long engagement in a multicultural interaction and a presentation of a multicultural discovery project are required.

COUN 525 Gender Issues in Counseling 3 Credits
Examines the psychological, physiological, historical, and socio-cultural factors that affect the development of women and men across the life span and discusses implications for counseling. Focuses on relevant gender issues including gender bias and equity, misdiagnosis, self-esteem, depression, violence and sexual abuse, the feminization of poverty, and the importance of relationship for women. Presents an overview of feminist psychotherapy and explores the context of the behavioral, emotional and biological problems that impact on mental health. Also discusses the emerging men’s movement and trends in counseling men; introduces gay and lesbian issues, the issues of minority women, and factors in counseling the HIV/AIDS client.

COUN 530 Legal and Ethical Issues in Counseling and Psychotherapy 3 Credits
Examines the legal, ethical, and professional parameters of counseling and psychotherapy. Discusses legal liabilities and malpractice cases arising from constitutional, tort, contract, family, privacy, and criminal laws. Examines client rights and counselor duties and responsibilities. Explores legal, ethical, and professional implications of third party payment, informed consent, medication, case documentation, client termination and abandonment. Advertisement of counseling services, crisis and case management, consultation and supervision, “duty-to-warn” and court appearances of an expert witness will be explored. Special attention will be given to child abuse reporting issues, dual relationships and to regional legal and ethical developments.

COUN 535 Holistic Wellness Counseling 3 Credits
Based on current methods and research, students will explore holistic wellness (e.g., spirituality, self-direction, work and leisure, friendship, and love) positive psychology (e.g., hope, forgiveness, etc.), and human change from personal and interpersonal perspectives.
Prerequisite(s): CNPY 502.
COUN 550 Counseling Techniques Laboratory 3 Credits
A basic laboratory pre-practicum for counseling services majors which provides opportunities for both observation of and participation in counseling activities. The purpose of this course is to provide students with their initial counseling experience under closely supervised conditions. The focus of this course is the development of basic counseling skills through an emphasis on techniques (basic and advanced listening and helping skills), strategy (the counseling process), and self development (the student as counselor) grounded in professional counseling theories.

COUN 580 Elementary School Counseling Practicum 3 Credits
A 100-hour supervised experience in counseling and consultation in an elementary school setting. Students will obtain a minimum of forty (40) contact hours with clients. The course will also provide an historical overview of the school guidance and counseling function. Current practices for assessing, organizing, implementing and evaluating school counseling services will be reviewed. Students will develop knowledge and skills in the development of primary, secondary, and tertiary interventions designed to promote the academic and social development of children of elementary school age. Students apply knowledge and skills developed in pre-practicum experiences in addressing the needs of school children.
Prerequisite(s): To be taken semester prior to COUN 590.

COUN 581 Secondary School Counseling Practicum 3 Credits
A 100-hour supervised experience in counseling and consultation in a secondary school setting. Includes seminar discussions, interview analyses, videotape observations, and individual supervision with the faculty supervisor. Provides the counselor-in-training with the opportunity to develop and practice skills and techniques necessary for the effective delivery of counseling services in the secondary school setting. Reviews current practices for assessing, developing, organizing, implementing, evaluating, and reflecting on counseling services as they address the special needs of secondary school students.
Prerequisite(s): To be taken semester prior to COUN 590.

COUN 582 Coaching Practicum 3 Credits
A 30-hour supervised experience in coaching with individuals, groups, or organizations. Includes seminar discussions, observations of recorded sessions, session analyses, and group supervision with the faculty supervisor. Provides the coach in training with the opportunity to develop and practice skills and techniques necessary for the effective delivery of coaching services. Reviews current practices for assessing, developing, organizing, implementing, evaluating, and reflecting on coaching services as they address the needs of clients. This course is designed to fulfill the practice requirements for certification as a Board Certified Coach through the Center for Credentialing and Education.
Prerequisite(s): COUN 500 or COUN 501, CNPY 502, COUN 505, and permission of instructor.

COUN 585 Clinical Mental Health Counseling Practicum 3 Credits
A supervised experience in counseling and consulting techniques in mental health facility, community counseling agency, or college setting. Includes seminar discussions, interview analyses or audiotape/videotape observations, and individual supervision with the instructor. For the experienced counselor or the advanced counselor in training who desires to review and/or strengthen individual counseling and consulting techniques. A field placement of 100 hours is required with a minimum of 40 direct contact hours with clients. Students registering for this course should contact the instructor the semester prior to the course being offered.
Prerequisite(s): To be taken semester prior to COUN 590.

COUN 586 Practicum II 1 Credits
The continuation of Practicum, this 1-credit course is required for those students who were unable to complete the 100-fieldwork hours of Practicum in the fall or spring semester. Students will continue at their Practicum fieldwork site and will be responsible for completing the remainder of their 100-hours. A grade will not be granted in Practicum until the successful completion of Practicum II. The approval and cooperation of the intern’s agency or school field supervisor for continuing placement must be obtained at the conclusion of the prior semester. Prior to enrollment, students must submit documentation of supervisor, director, and professor permission and a comprehensive plan for fieldwork-hour completion to the clinical coordinator. Prerequisite(s): COUN or CNSC 580, 581, or 585 and all other required course work must be completed or in progress. Comments/Restrictions: Program director approval with professor of record approval is required.

COUN 590 Internship in Counseling I 3 Credits
An internship that provides 300 hours of on-the-job experience, including all activities that a regularly employed staff member would be expected to perform. The internship placement is selected on the basis of the student’s career goals. School and agency counselors who supervise interns determine the structure and the content of the internship in cooperation with the Rider supervisor. The approval and cooperation of the student’s superintendent, principal, or other appropriate administrative personnel must be obtained the semester before the counselor candidate’s internship is scheduled.
Prerequisite(s): all other required course work must be completed or in progress and permission of the Rider supervisor must be obtained; any exceptions must be approved by the instructor.

COUN 591 Internship in Counseling II 3 Credits
The continuation of an internship that provides a 300-hour field experience including all activities that a regularly employed staff member would be expected to perform (n.b., a regularly employed staff member is defined as a person occupying the professional role to which the student is aspiring). The internship placement is selected on the basis of the intern’s career goals. School and agency counselors who supervise interns determine the structure and the content of the internship in cooperation with the faculty supervisor. The approval and cooperation of the intern’s agency or school field supervisor must be obtained the semester prior to the actual placement.
Prerequisite(s): COUN 590 and all other required course work must be completed or in progress and permission of the faculty supervisor must be obtained; any exceptions must be approved by the faculty supervisor.
COUN 593 Interships III 1 Credits
The continuation of Internship II, this 1-credit course is required for those students who were unable to complete the 300-fieldwork hours of Internship II in the fall or spring semester. Students will continue at their Internship II fieldwork site and will be responsible for completing the remainder of their 300-hours. A grade will not be granted in Internship II until the successful completion of Internship III. The approval and cooperation of the intern’s agency or school field supervisor for continuing placement must be obtained at the conclusion of the prior semester. Prior to enrollment, students must submit documentation of supervisor permission and a comprehensive plan for fieldwork-hour completion to the clinical coordinator. Clinical coordinator approval is required.

Prerequisite(s): COUN 591 and all other required course work must be completed or in progress and permission of the clinical coordinator is required.

COUN 600 Independent Study and Research in Counseling Services 1-3 Credits
Students may take two independent studies. However, under special circumstances, such as students seeking certifications (e.g., Student Assistance Coordinator), students may be approved by their advisor to take up to six COUN 600 3-credit courses for a total of 18 credits.

COUN 660 Counseling Supervision: Issues, Concepts and Methods 3 Credits
This course introduces and critically examines issues and concepts that arise in the supervision of counseling and psychotherapy practitioners and trainees. Methods and techniques of supervision are presented to enable students to become knowledgeable and skilled providers of proficient clinical supervision. Psychotherapeutic, behavioral, integrative, systems, experiential, and developmental models of supervision are studied. The unique problems encountered in group, family, and couples counseling supervision are raised as well as legal, ethical, and multicultural issues. Administrative and contemporary issues such as inter- and intra-agency supervision, inter-agency communication, record keeping, evaluation, and taping of counseling sessions are examined.

Prerequisites: COUN 590.

COUN 690 Internship in Counseling Speciality I 3-6 Credits
This internship provides on-the-job clinical experience in approved settings. Placement is selected based on students’ specialty area goals and must be approved by the faculty advisor the semester prior to actual placement. Students must also submit in writing a description of clinical activities available in the field site before the placement is approved. Students will be required to attend a weekly seminar during which time each student will present and/or discuss legal, ethical, multicultural, contemporary, and clinical issues in her/his specialty area.