

# DANCE AND MOVEMENT THERAPY (CNDT)

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## **CNDT 584 Counseling and Dance/Movement Therapy Practicum I 3 Credits**

Students develop clinical observation skills by being active participant observers in clinical field settings. Supervision class will focus on understanding the professional, legal, and ethical responsibilities of being a dance/movement therapist in clinical settings from a multicultural perspective. Issues pertaining to professional identity development will be addressed.

## **CNDT 585 Counseling and Dance/Movement Therapy Practicum II 3 Credits**

A supervised field experience in counseling and dance/movement therapy techniques. In this second semester of practicum, students will continue to advance their clinical skills by co-leading dance/movement therapy sessions with field supervision. The goal is for students to facilitate entire sessions by the end of the semester. The course will include seminar discussions, observations and analysis of the therapeutic process of dance/movement therapy sessions and individual supervision with the instructor. A total of 100 field hours is required with a minimum of 40 direct contact hours with clients. The approval and cooperation of the fieldwork agency or school field supervisor must be obtained the semester prior to the actual placement.

**Prerequisite(s):** CNDT 584.

## **CNDT 590 Counseling and Dance/Movement Therapy Internship I 3 Credits**

This course is one of two internship courses required in the student's final year. It fulfills 350 of the internship hours required by the American Dance Therapy Association and by CACREP. Students will be at a clinical site approved by faculty, with a supervisor who meets all CACREP standards and is a board certified Dance/Movement Therapist. Supervision class will support students in the clinical setting and in effectively utilizing counseling and dance/movement therapy knowledge and skills, including clinical appraisal, treatment planning, and documentation for dance/movement therapy. The approval and cooperation of the intern's agency or school field supervisor must be obtained the semester prior to the actual placement.

**Prerequisite(s):** CNDT 585. All other required course work must be completed or in progress and permission of the Rider supervisor must be obtained; any exceptions must be approved by the instructor.

## **CNDT 591 Counseling and Dance/Movement Therapy Internship II 3 Credits**

The second semester of the internship that fulfills the remaining internship hours required by the American Dance Therapy Association and CACREP. Students will be at a clinical site approved by faculty, and will engage in all activities that a regularly employed staff member would be expected to perform. A regularly employed staff member is defined as a person occupying the professional role to which the student is aspiring. Students will be under the field supervision of a supervisor who meets all CACREP requirements and is a Board Certified Dance/Movement Therapist. Supervision class will provide opportunities for students to analyze their practice, reflect on their progress as clinicians, and develop skills to internally self-evaluate their effectiveness as counselors and dance/movement therapists. The approval and cooperation of the intern's agency or school field supervisor must be obtained the semester prior to the actual placement. Prerequisite(s): CNDT 590 and all other required course work must be completed or in progress and permission of the faculty supervisor must be obtained; any exceptions must be approved by the instructor.

## **CNDT 600 Body Mind Integration through Movement I 0 Credits**

This is a movement laboratory class to explore how dance and movement reflect and affect physical, cognitive, mental, emotional, and spiritual states. Students learn to attune to their bodies in movement and develop awareness of the bidirectional interactions between body and mind.

## **CNDT 610 Dance/Movement Therapy Theory and Practice I 3 Credits**

This course covers the foundational principles, theories, and techniques of dance/movement therapy and will examine the social and cultural foundations of dance as art and medium for growth, change, and healing. Works of dance/movement therapy pioneers and the evolution of dance/movement therapy practices will be explored didactically and experientially.

## **CNDT 612 Movement Observation, Analysis, and Assessment 3 Credits**

This course is designed to provide students with the language and skills to observe, describe, analyze, and document human movement patterns and behaviors using Laban Movement Analysis. The didactic and experiential format of this class will allow students to embody movements and make connections to clinical practice with various client populations. Students will learn to translate movement based terminology and dance/movement therapy goals into clinical language used in treatment plans and progress notes.

## **CNDT 620 Clinical Applications of Dance/Movement Therapy 3 Credits**

Group and individual dance/movement therapy practices in various clinical settings are addressed: psychiatric hospitals, addiction recovery programs, therapeutic schools for children with emotional and behavioral problems, developmental disabilities, and special needs; hospices; and hospitals. Students develop their own working theoretical model of dance/movement therapy to guide their work as emerging dance/movement therapists.

## **CNDT 700 Body Mind Integration through Movement II 0 Credits**

The second semester of the movement laboratory class focuses on the use of mindfulness practices and Authentic Movement methods for further develop body-mind awareness, to experience and observe movements simultaneously as internal and external experience, and to decipher the nature of knowledge and meaning inherent in dance and movement.

**Prerequisite(s):** CNDT 600.

**CNDT 710 Dance/Movement Therapy Theory and Practice II 3 Credits**

In this didactic and experiential course, select theories from psychology, counseling, psychotherapy, and neuroscience are studied in order to identify the healing and transformative factors of the creative arts therapies. Some of the topics covered in this course are: psychodynamics and object relations theories; intersubjectivity; symbolism and metaphor; psychology of creativity; and neuroscience in dance/movement therapy.

**Prerequisite(s):** CNDT 610.